

Denver Endoscopy Center

8155 E 1st Ave, Denver, CO 80230 | (303)-344-4844 | denver-endocenter.com

BEFORE YOUR PROCEDURE

One Medical Passport

You must register with **One Medical Passport** to complete your health history forms.

Note: This is separate from the health history you provided to your doctor and is a **crucial** step in providing you excellent care.

To begin registration, please visit:

www.denver-endocenter.com

Click on **Pre-Register** Button



NEW USERS:

Click 'Register' to create your first Medical Passport.

- 1) Enter your demographic information to create your account.
- 2) Answer the questions to complete your online health history.

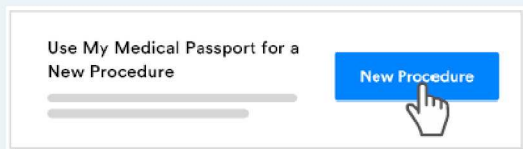
Register



RETURNING USERS:

If you've previously created a Medical Passport Account, you will need to log in to update your health history.

- 1) Enter your original username in the 'Welcome Back' area.
- 2) Once you've successfully logged back into your account, click on the button located on the top right of the page.



Select "**Denver Endoscopy Center**" for the location of your new procedure and update **Day of Service** to match your procedure date

Additional Help:

If you are unable to access a computer to complete this online, please call us during the afternoon (12-4pm) at [303-344-4844](tel:303-344-4844) to complete your history over the phone.

Pre-Operative Preparation

- Please refer to the preparation instructions provided by your physician's office via email. If you have not received the instructions please locate on the website below.
- **Colonoscopy Patients—if you have not yet received your prep prescription, please contact the doctors office ASAP.**

Colorado Gastroenterology (303) 861-0808

<https://gicolorado.com/patient-resources>

Denver Digestive Health (303) 355-3525

<https://denverdigestive.com/patient-resources>

You must have a driver! Please arrange transportation to and from the facility due to after-effects of sedation. *You may not utilize a taxi, cab, bus Lyft, Uber, after your procedure.*

Financial Information

- Based off your benefits, you may receive a call from our **Central Business Office** 3-5 days prior to your procedure regarding any financial responsibility due at the time of service which includes: co-pay, co-insurance, and/or deductibles. This is **only** for the **Surgery Center Fee** as the other entities have separate billing processes.
- If you feel you need this information sooner, **please call your insurance company**. You will need the following information: CPT codes for the procedure and Diagnosis code. These codes can be provided by your physicians office.

The breakdown below explains the separate fees you will receive from the entities involved in your care:

1. **Surgery Center Fee (Denver Endoscopy Center):** covers your care provided by the surgery center including supplies and operations
2. **Physician Fee (Physician's Office):** covers the physician's services and a separate billing process.
3. **Anesthesia and/or Pathology Fees:** covers services rendered by these separate entities.

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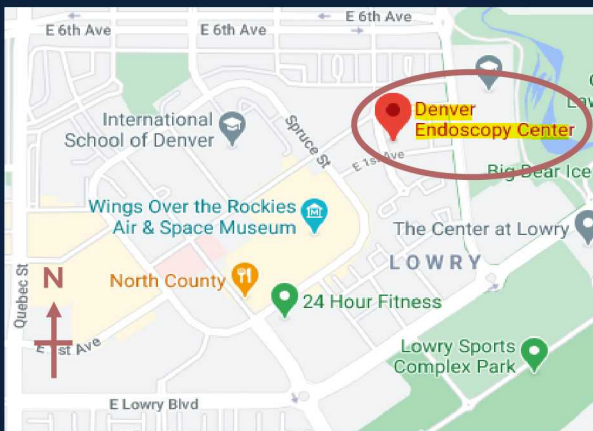
DAY OF YOUR PROCEDURE

Please Bring the Following:

- ☐ Wear loose-fitting comfortable clothing and bring a jacket if you get cold easily
- ☐ Masks are not required, but available upon request.
- ☐ Driver's license/Photo Identification
- ☐ Insurance card
- ☐ Form of payment
- ☐ A driver—due to the effects of anesthesia, you may not drive for at least **12 hours** after your procedure. Please note that you may not utilize a taxi, Lyft, Uber, or other ride

Arrival

- Please arrive **1 hour** before your scheduled procedure time to allow time for paperwork.
- If you have not already provided your health history through **One Medical Passport**, you will be asked to complete your health history in the waiting area.
- Please be mindful our waiting room has limited space.



Free parking in front of the facility.
[Google Maps](#)

After Your Procedure

- Expect to stay in our recovery unit for around 30 minutes. You will not be discharged until you are deemed medically ready to do so.
- Your physician will review the initial findings from your procedure while you are in the recovery unit. However, due to the after-effects of anesthesia, you might not remember this conversation. You will also receive a procedure report to review, and a staff member will call you the day after your procedure for follow up.
- Your ride home will be contacted 30 minutes before you need to be picked up.
- If authorized by HIPAA, your results will be reviewed with your driver as well.
- **Post-operative instructions** will be given to your driver. They are also on the following page for your reference.
- **Lab Results:** If you had any biopsies performed, your physician's office will contact you approximately 2 weeks after your procedure with the pathology results.
 - Denver Digestive Health Specialists: [303-355-3525](tel:303-355-3525)
 - Colorado Gastroenterology: [303-861-0808](tel:303-861-0808)

Patient Experience Survey

- You will receive a survey by email about your visit at Denver Endoscopy. Your feedback is greatly appreciated so we may continue to improve all patient's experience.
- Please note this survey is specifically about your time and experience at Denver Endoscopy Center.

Thank you for letting us care for you during your procedure!

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TIPS FOR AFTER YOUR PROCEDURE

Post-Procedure Nausea

Drink Water as soon as Possible:

- When you get out of sedation, you will likely be dehydrated from your pre-treatment fast. This factor is significant because your body decreases its functionality when it doesn't have what it needs. Fortunately, you can get things started up again by drinking a cup or two of water. This will signal to the rest of your body that it is time to wake up and start eating, and your nausea should subside.

Try Tea or a Carbonated Beverage:

- After water, your next step is moving on to a different drink. Some people like how tea settles their stomach, especially ginger or green teas. Others prefer a carbonated beverage, such as a club soda or ginger ale. When you come out of your sedation, consider trying these options.

Eat a Stomach-Friendly Meal:

- We recommend eating a stomach-friendly meal and avoid spicy foods following your procedure. Though most people find that their nausea is gone after just a few hours, others experience extended symptoms. If this is the case for you, don't hesitate to call your doctor on the phone number provided on your post-procedure instructions. If your physician determines your nausea warrants medication, they will submit a prescription to your designated pharmacy.

We hope that after reading these tips, you are more comfortable with the nausea you might experience after your procedure. While this feeling is unpleasant, it generally doesn't affect a significant proportion of patients. If you do experience post-procedure nausea, it should subside relatively quickly.

Monitored Anesthesia Care

What is Monitored Anesthesia Care (MAC)

- Monitored anesthesia care (MAC) is a type of anesthesia service in which an anesthesia clinician (CRNA or Anesthesiologist) continually monitors and supports the patient's vital functions, diagnoses and treats clinical problems that occur, and administers sedative, anxiolytic, or analgesic medications.
- Medication is administered through an IV by an anesthesia provider to make a patient sleepy and calm during the procedure. There is reduced awareness, but patients might remember some aspects of the procedure.

What are the effects of moderate sedation?

- Oxygen will be placed on you prior to the administration of medication, as sedation may lower your oxygen saturation.
- Your blood pressure may be affected. IV fluids will be provided to support your blood pressure.
- Because sedation effects linger, **all patients are a fall risk post procedure**. A staff member will accompany you while you are getting dressed and utilizing the bathroom for your safety. You also may have a headache, nausea, lack of balance, dizziness, and feel sleepy for a few hours post procedure.

What should you do after Anesthesia ?

- For your safety, a responsible adult must take you home. This person must be available when you are ready to be discharged home. It is recommended that you have someone with you for the remainder of the day.
- Do not drive, drink alcohol, use machinery, or sign legal documents for 12 hours after receiving sedation.

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POST-PROCEDURE INSTRUCTIONS

A nurse will review these instructions with you before your procedure to ensure your understanding and answer any questions you may have. You may receive additional instructions specific to you after your procedure.

- Due to the long acting effects of the sedation you received during your procedure, we advise you NOT to drive a car, operate any machinery, consume alcohol, or return to work for at least twelve (12) hours.
- When you return home, you may resume your regular diet unless otherwise directed.
- Gaseous discomfort is normal and expected immediately after your examination. Passing gas and belching is normal. Bending and flexing your knees while lying down may help relieve gas. A heating pad (on a low setting) to your abdomen may also help you feel more comfortable.
- You may develop a lump and/or redness at the site where your medication was given during the procedure. If the area is tender, apply a warm compress (washcloth soaked in warm water) to the area for 10 minutes, four (4) times per day, for two to three (2-3) days. If pain, redness, or swelling lasts for more than four (4) days, please report this to your physician.
- Biopsy results are usually available within two weeks. Please call your doctor if you have not heard from the doctor's office within ten (10) business days following your procedure.
- Resume usual activity in the morning.

Notify your doctor immediately if you develop any of the following symptoms:

- Severe pain
- Black tarry stools
- Rectal bleeding
- Vomiting blood
- Temperature over 100.5°F

A physician may be reached for emergencies 24 hours/day, 7 days/week by calling your doctor's office:

- Denver Digestive Health Specialists: [303-355-3525](tel:303-355-3525)
- Colorado Gastroenterology: [303-861-0808](tel:303-861-0808)